


# Belgian Spring Camp 2012 (Ravelingen, Ostend)



## Belgian Spring Camp 2012

**Special Guests:**  
Sensei Tadashi Ishihara (National Coach Japan)  
Shihan Koen Scharrenberg (The Netherlands)  
Shihan Jan Bülow (Denmark)  
Shihan Remigiusz Karpinski (Poland)  
Shihan David Pickthall (UK)

**Special Training for National Teams**  
National Coaches:  
Shihan Koen Spitaels (Belgium)  
Sensei Paulius Klapatauskas (Lithuania)  
Sensei Muzaffer Bacak (Germany)  
Senpai Michiel Gerritsen (The Netherlands)



**Traditional ceremony to celebrate Belgium's newest Shihan Koen Spitaels**  
Can't train with us, but willing to join the celebration?  
Mail us at [info@bkos.be](mailto:info@bkos.be)



**Hotel Ravelingen, Zeedijk 290, 8499 Ostend, Belgium**  
Check-in Friday April 27th, 17.30 - 19.00  
Check-out Sunday April 29th (around 14.00)

**Price:** Before March 15th 125 euro  
After March 15th 140 euro



Ask for the registration form at [info@bkos.be](mailto:info@bkos.be) and join us on Facebook "BKO Shinkyokushin vzw".



## BELGIAN SPRING CAMP 2012

We're very happy to invite you to this international Shinkyokushin camp! Participants from all organizations are welcome, starting from the age of 14.

### 1.1 Instructors

Special Guests	National Coaches
Shihan Koen Scharrenberg (The Netherlands)	Shihan Tadashi Ishihara (Japan)
Shihan Remigiusz Karpinsky (Poland)	Shihan Koen Spitaels (Belgium)
Shihan Jan Bülow (Denmark)	Sensei Paulius Klapatauskas (Lithuania)
Shihan David Pickthall (United Kingdom - IFK)	Sensei Muzaffer Bacak (Germany)
	Senpai Michiel Gerritsen (The Netherlands)

### 1.2 Time and place

The Spring Camp will take place at Ostend (Belgium), next to the beach (North Sea). We will be welcomed at Hotel Ravelingen vzw ([www.ravelingen.be](http://www.ravelingen.be)), Zeedijk 290, 8400 Oostende, Belgium.

The camp starts at Friday April 26<sup>th</sup>, 2012 (check-in between 17:30 and 19:00)

The camp ends on Sunday April 28<sup>th</sup> in the afternoon (around 14:00)

### 1.3 Accommodation

Participants will be accommodated in apartments in a large sports hotel that has a variety of facilities, restaurant, swimming pool, fitness center and sauna. All apartments are equipped with a bathroom, toilet and kitchen.

### 1.4 Price

Before March 15<sup>th</sup> 125 EUR

After March 15<sup>th</sup> 140 EUR

The Spring Camp fee covers all meals from Saturday till Sunday morning and beverages during the meals. All participants will get a free swimming card at arrival.

### 1.5 Don't forget to bring ...

1 or 2 dogi	Shin / hand protection
Track suit	Running shoes (outside) and indoor shoes
Towels	Swimming gear
Sun protection	Be prepared for the weather (cold / hot)
<b>PARTY outfit 😊</b>	



## 1.6 Japanese Sake Ceremony + Party

There will be a traditional Japanese sake ceremony to celebrate our newest Belgian Shihan, Shihan Koen Spitaels on Saturday evening 19:30. Everybody is welcome to join this special event, even if can't make it for the entire camp. Please do notify us by sending an email to [info@bkos.be](mailto:info@bkos.be).

## 1.7 Organizer & legal considerations

The Spring Camp is organized on behalf of WKO Branch Belgian Karate Organization Shinkyokushin vzw.

Participants have to organize their own insurance. The organizer will reject any responsibility in case of injury or theft. Participants under the age of eighteen should obtain "acceptance for participation" from their parents or legal guardian. Please have this with you at the beginning of the camp (or send this in advance to [info@bkos.be](mailto:info@bkos.be)).

A 50 EUR cancellation fee applies after April 15<sup>th</sup>. In case of illness, please contact [info@bkos.be](mailto:info@bkos.be).

## 1.8 Signing up for the Belgian Spring Camp 2012

If possible, please combine all registrations per dojo by using the application form below. You can send it back to [info@bkos.be](mailto:info@bkos.be) before April 15<sup>th</sup>. The participation fee can be wired to the account below by mentioning "**Spring Camp 2012 + Name + Dojo**".

Please keep in mind we will be registering you on a "first come, first serve" basis!

<b>Account number for Belgian participants</b>	001-6117262-33
<b>Account number for international participants</b>	IBAN BE79 1172 0016 1172 6233 BIC GEBABEBB
<b>Account holder</b>	BKO Shinkyokushin vzw Draaiboom 109, B-2360 Oud-Turnhout Belgium





**PARTICIPANTS FOR DOJO ..... LOCATED IN COUNTRY .....**

	First name	Last name	Grade	Birthday	Gender	Vegetarian
1					<input type="radio"/> male <input type="radio"/> female	<input type="radio"/> yes
2					<input type="radio"/> male <input type="radio"/> female	<input type="radio"/> yes
3					<input type="radio"/> male <input type="radio"/> female	<input type="radio"/> yes
4					<input type="radio"/> male <input type="radio"/> female	<input type="radio"/> yes
5					<input type="radio"/> male <input type="radio"/> female	<input type="radio"/> yes
6					<input type="radio"/> male <input type="radio"/> female	<input type="radio"/> yes
7					<input type="radio"/> male <input type="radio"/> female	<input type="radio"/> yes
8					<input type="radio"/> male <input type="radio"/> female	<input type="radio"/> yes

<b>BKO Shinkyokushin vzw</b> Draaiboom 109, 2360 Oud-Turnhout, Belgium IBAN BE79 0016 1172 6233 BIC GEBABEBB   BE0416.454.751	<a href="http://www.bkos.be">http://www.bkos.be</a> Koen Spitaels   +32 478 511096 Hans Hofkens   +32 477 181860
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